Menzieshill Whitehall Swimming

And Water Polo Club

Affiliated to the Scottish Amateur Swimming Association



**Spring Development Meet**

**Olympia Leisure Centre, Dundee**

**Sunday 22nd April 2018**

**Session 1: Warm up 08.30 Start 09.30**

**Session 2: Warm up 13.30 Start 14.30**

  

Registered Charity Number SC046868

**General Information**

**Menzieshill Whitehall Swimming and Water Polo Club invites you to their Spring Development Meet:**

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| --- | --- |
| **Date** | Sunday 22nd April 2018 |
| **Venue** | Olympia Leisure Centre, 3 East Whale Lane, Dundee, DD1 3JU |
| **Pool** | 6 lane 25 m pool, anti-turbulence lane ropes, electronic timing, spectator facilities. |
| **Times** | Session 1 Sunday 08.30 Warm up for 9.30 Start  Session 2 Sunday 13.30 Warm up for 14.30 Start |
| **Events** | 100m Fly, Back, Breast, Free and I/M  200m Fly, Back, Breast, Free and I/M  All events will be Heat Declared Winners (HDW). Age groups will be swum together and the winners extracted by age group following the event.  **6 x 50m Mixed Freestyle Relay (3 boys 3 girls) Heat Declared** – a maximum of two teams per club. Teams to comprise of one male and one female from each age group. |
| **Age Groups** | 9/10 years, 11/12 years and 13/14 years. |
| **Age Group Qualifying date** | Age as 31st December 2018. |
| **Accreditation** | Application for a Level 2 licence accreditation has been made to the Midland district under SASA/FINA rules; Licence no: MD/L2/005/April18. |
| **Programme of Events** | See attached sheet.  . |
| **SASA Reg.** | All swimmers must be current registered swimming members of SASA. |
| **Marshalling** | A marshalling system will be in place. Coaches are requested to listen carefully to all announcements and to send swimmers to marshal three events in advance of their swim. |
| **Lunch** | Coaches Pass - £10 to include a programme and meal between sessions on the day.  At least **one** Coaches Pass **must** be purchased by participating clubs. Poolside access will be permitted only to those in possession of passes. |
| **Entries** | Cost of entries - £5 per individual event. Entries should be made on Hy-Tek entry files. For entry file requests and entries please contact:  Mark Spalding – [markspalding.swim@gmail.com](mailto:markspalding.swim@gmail.com)  The organisers reserve the right to restrict entries to allow for the smooth running of the meet. Rejected entries on this basis will be refunded in full. |
| **Closing date** | **Closing date for entries is noon on Friday 25th March 2018**  Once entries are sent electronically in accordance with the instructions they must be followed up with a summary form and payment within 3 days sent to:    Mark Spalding  16 Spearshill Road  Tayport  Fife DD6 9HT  Cheques should be made payable to:  Menzieshill Whitehall Swimming and Water Polo Club.  **No late entries will be accepted.** |
| **Withdrawals** | Withdrawals in advance of the meet can be made to Mark Spalding on 07872 801486 or by email: [markspalding.swim@gmail.com](mailto:markspalding.swim@gmail.com).  Withdrawals during the meet must be made to the recorders table no later than 45 minutes prior to the start of each session. |
| **Awards** | Medals will be awarded to first three places in each age group, ribbons for 4th 5th and 6th there will also be an award for the best club. |
| **Officials/Helpers** | Clubs entering this meet should provide a minimum of two officials in order that we can apply for accreditation. Please complete the attached sheet and return these with entries. Officials are requested to report **at least 30 minutes** in advance of the start time of the gala for briefing. All designated Recorders should report to the Gala Convenor **an hour** in advance of the start of the session. Anyone assisting at both sessions will be offered lunch but must notify:  Susan Mathewson email: [susanmathewson61@hotmail.com](mailto:susanmathewson61@hotmail.com) at least 2 weeks in advance. |
| **Photographic Equipment** | Due to guidance issued by the SASA we are obliged to inform you that the use of photographic equipment (cameras, camcorders, mobile phones incorporating cameras, etc.) will be restricted as follows:  • No photographic equipment will be allowed either on poolside or the viewing gallery or any other area under the jurisdiction of the organising club without the written prior approval of that club.  • Application to use the above named equipment can be made on the day to the recorders table. Any person wishing to do this must be able to provide identification, and evidence that they have swimmer(s) competing in the gala. |
| **Spectators Entry** | Sunday spectator entry £2 per session or £3 for day, Programme £1 |
| **Gala Convenor** | Mark Spalding (email: [markspalding.swim@gmail.com](mailto:markspalding.swim@gmail.com) ) |

**Menzieshill Whitehall Swimming and Water Polo Club**

**Spring Development Meet – Sunday 22nd April 2018**

**Summary of Club Entries**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Club:**  **Contact Details, Name:**  **Address:**  **Please give a reliable email address or telephone number or both. This email address will be used to issue the programme for checking.**  **Email: -**  **Tel: -**   |  |  |  |  | | --- | --- | --- | --- | | **Entries** | **N0. of Swims** |  | **Total Cost** | | **Individual Boys** |  | **x £5.00** |  | | **Individual Girls** |  | **x £5.00** |  | | **Coaches Passes** |  | **x £10.00** |  | | **Total Enclosed** | | | **£** | |
| **\*Additional Information:** please use this space to bring any special issues/problems to the attention of the gala organisers? |
| Cheques should be made payable to Menzieshill Whitehall Swimming and Water Polo Club and sent to:  Mark Spalding  16 Spearshill Road  Tayport  Fife  DD6 9HT  **Entries must arrive before noon on Friday 25th March 2018** |

**Menzieshill Whitehall Swimming and Water Polo Club**

**Spring Development Meet – Sunday 22nd April 2018**

**Summary of Available Officials**

**Club:**

**Contact Details of Club STO Representative:**

**Name:**

**Address:**

**Telephone Number:**

**Total Number of Club Swimmers entered for the meet:**

**Number of Officials to be available per session:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Session 1** | **Officials Names** | **Session 2** | **Officials Names** |
| **Morning** | **1.** | **Afternoon** | **1.** |
| **Qualification:** | **Qualification:** |
| **2.** | **2.** |
| **Qualification:** | **Qualification:** |
| **3.** | **3.** |
| **Qualification:** | **Qualification:** |

**Those officials named above and all other technical officials MUST EMAIL THEIR OWN NAMES TO SUSAN MATHEWSON (** [susanmathewson61@hotmail.com](mailto:susanmathewson61@hotmail.com) ) **in order that duties can be assigned prior to the meet and the correct number of meals ordered.**

**Menzieshill Whitehall Swimming and Water Polo Club**

**Spring Development Meet – Sunday 22nd April 2018**

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| --- | --- | --- |
| **Programme of Events** | | |
| **SESSION 1 – Sunday 22nd April 2018**  **Warm Up 8.30 am Start 9.30 am**  (Girls 8.30 – 8.55 , Boys 8.55 – 9.25) | | |
| 101 | Girls 9 - 14 | 200m Butterfly - HDW |
| 102 | Boys 9 - 14 | 200m Butterfly - HDW |
| 103 | Girls 9 - 14 | 100m Freestyle - HDW |
| 104 | Boys 9 - 14 | 100m Freestyle - HDW |
| 105 | Girls 9 - 14 | 200m Backstroke - HDW |
| **Presentations of events 101 - 105** | | |
| 106 | Boys 9 - 14 | 200m Backstroke - HDW |
| 107 | Girls 9 - 14 | 100m Breaststroke - HDW |
| 108 | Boys 9 - 14 | 100m Breaststroke - HDW |
| 109 | Girls 9 - 14 | 200m Individual Medley - HDW |
| 110 | Boys 9 - 14 | 100m Individual Medley - HDW |
| **Presentations of events 106 - 110** | | |

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| --- | --- | --- |
| **Programme of Events** | | |
| **SESSION 2 – Sunday 22nd April 2018**  **Warm Up 1.30 pm Start 2.30 pm**  (Girls 1.30 – 1.55 , Boys 1.50 – 2.25) | | |
| 201 | Girls 9 - 14 | 200m Breaststroke - HDW |
| 202 | Boys 9 - 14 | 200m Breaststroke - HDW |
| 203 | Girls 9 - 14 | 100m Backstroke - HDW |
| 204 | Boys 9 - 14 | 100m Backstroke - HDW |
| 205 | Girls 9 - 14 | 200m Freestyle - HDW |
| **Presentations of events 201 - 205** | | |
| 206 | Boys 9 - 14 | 200m Freestyle - HDW |
| 207 | Girls 9 - 14 | 100m Butterfly - HDW |
| 208 | Boys 9 - 14 | 100m Butterfly - HDW |
| 209 | Girls 9 - 14 | 100m Individual Medley - HDW |
| 210 | Boys 9 - 14 | 200m Individual Medley - HDW |
| 211 | Mixed 9 - 14 | 6 x 50m Freestyle relay - HDW |
| **Presentations of events 206 - 211** | | |

**Note: Only two relay teams per club – there is no charge for the relay event.**

**Menzieshill Whitehall Swimming and Water Polo Club**

**Spring Development Meet – Sunday 22nd April 2018**

**As this is a Development Meet there are Too Fast times applicable as highlighted below, swimmers must be slower than the times indicated:**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Girls** | | |  | **Boys** | | |
| **Age** | **9/10** | **11/12** | **13/14** | **9/10** | **11/12** | **13/14** |
| **200m Butterfly** | **3.30.00** | **3.21.00** | **3.02.00** | **3.30.00** | **3.21.00** | **3.02.00** |
| **100m Butterfly** | **1.32.00** | **1.26.00** | **1.18.00** | **1.32.00** | **1.26.00** | **1.18.00** |
| **200m Backstroke** | **3.17.00** | **2.59.00** | **2.46.00** | **3.17.00** | **2.59.00** | **2.46.00** |
| **100m Backstroke** | **1.29.00** | **1.22.00** | **1.15.00** | **1.29.00** | **1.22.00** | **1.15.00** |
| **200m Breaststroke** | **3.35.00** | **3.22.00** | **3.10.00** | **3.35.00** | **3.22.00** | **3.10.00** |
| **100m Breaststroke** | **1.42.00** | **1.36.00** | **1.30.00** | **1.42.00** | **1.36.00** | **1.30.00** |
| **200m Freestyle** | **2.45.00** | **2.35.00** | **2.25.00** | **2.45.00** | **2.35.00** | **2.25.00** |
| **100m Freestyle** | **1.16.00** | **1.12.00** | **1.09.00** | **1.16.00** | **1.12.00** | **1.09.00** |
| **200m I/m** | **3.15.00** | **2.55.00** | **2.47.00** | **3.15.00** | **2.55.00** | **2.47.00** |
| **100m I/m** | **1.30.00** | **1.23.00** | **1.19.00** | **1.30.00** | **1.23.00** | **1.19.00** |